



SPEAK *easy*

with Clara Francesca

Practical steps for perfect public speaking in your authentic voice.

*Join internationally acclaimed Clara Francesca on the
Art of Communication "101 & beyond."*

Clara has developed and tested a unique process for equipping clients from all professional and cultural backgrounds with the tools needed for success, while keeping the true essence of individual personality.



- **(WHO?)** As a speech coach, Clara has acquired an impressive client portfolio specializing in speech-anxiety reduction with great success: fostering people with the confidence to walk into any room and share their ideas.
- **(WHAT?)** Through practical, mindful & impactful exercises we champion your (or your clients' & colleagues') authentic voice!
- **(HOW?)** The process involves an integrated approach of anatomy, tenets, physiology, psychology & philosophy of voice & speech. We will focus on classical text articulation & breathing techniques, utilizing the principles and relationship between meditation, hydration, sight, sound, heart & mind with a specific awareness of the body as a changing living entity.
- **(WHERE?)** Whether you live in NYC, Sydney or the Swiss Alps, Speak Easy with Clara can reach you! Sessions are done remotely, virtually, in-person, one-on-one, in group-settings, workshop-settings, seminar-settings or even in blended-learning formats.
- **(WHEN?)** Book a complimentary 15-minute consultation call by emailing us at speakeasywithclara@gmail.com and we can begin!

Enhance your Executive Presence & Corporate Communications

Clara's diverse portfolio of Corporate clients and over 13 years of experience working in speech coaching & public speaking in the United States and Australia, equip Clara with a unique insight into the sensitivities and challenges that her Entrepreneur clients face.

You will walk away with:

1. **UNDERSTANDING** of YOUR voice!
2. **AUTHENTICITY** in your speaking voice that YOU love!
3. **MASTERING YOUR FEARS** with techniques to reduce speaking anxiety and your public speaking stressors!
4. **BEING HEARD & TRUSTED** most effectively by your clients
5. **DAY-TO-DAY PRACTICAL SKILLS** that you can continually use for calming communications, ready for your next board meeting, Ted Talk, seminar, job interview, lecture, summary-update & more!



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Meet Your Coach!

Clara Francesca

Executive Speech Coach

Clara Francesca
Executive Speech Coach

An expert Executive Speech Coach, Clara Francesca relocated to New York in 2015 on a mission for all humans to love the skin they speak in and succeed at every turn. Drawing on her wealth of international medico-legal experience, Clara specializes in eliminating individual communication, presentation, and speech anxieties, so that her clients can claim their authentic voice and stand in integrity. Using an integrated approach of physiological, psychological, and philosophical principles, she guides each client to deepening their understanding of self, finding a complementarity between the materials they are communicating, and how they need their audience to receive the information.

Speak Easy with Clara offers Personalized Private Sessions as well as Focused Corporate Workshops (short & long-course models) for C Suite Executives and those looking to become C Suite Executives. Her clients include Medical Professionals, Attorneys, Academics, Financiers, Athletes & Coaches, Professional Performers in the Arts, and all of who use their speaking voice for long term career success.

No matter what stage you're at in your career, together we eliminate any speech fears by applying the tenets of anatomy, physiology, psychology, and philosophy of voice & speech.

For individual clients, one-on-one, 2021 rates are \$350 an hour virtually, \$450 an hour on-site within New York City Boroughs. Clients who commit to 6 sessions over the course over a 4 month period are eligible for their original honorary rate for future one-off-sessions pending changes. Hybrid virtual/on-site models are available.

For workshops, group sessions and seminars, 2021 rates are \$1600.00 per 1.5 hours. Various packages exist for organisations' specific needs based on this starting fee.

Let's get you the Confidence to Walk into any Room and Share your Ideas in your most Authentic Voice!